



Air Force ROTC Detachment 592

Orientation Checklist



Preparing for the Training Environment...

Physical Fitness Assessment

- MUST have sports physical (AFROTC Form 28) submitted at Orientation
- PFA consists of:
 - Abdominal Circumference (Waist) Measurement
 - 1 minute push-ups
 - 1 minute sit-ups
 - 1.5 mile run
 - Visit <http://www.afpc.af.mil/Air-Force-Fitness-Program/> for score charts

Athletic Attire

- The following is required before your Physical Training Uniform (PTU) is issued:
 - Orientation paperwork completed
 - Pass **all** components of the AF Fitness Assessment with a total score of 75+
- The following will be worn to Physical Training until your PTU is issued:
 - Plain white crew neck shirt with sleeves (small logos are acceptable)
 - Plain black athletic shorts (no overly revealing shorts; spandex is authorized as an undergarment only)
 - White or black socks (must be visible when wearing sneakers)

Business Casual Attire

- Will be worn to Leadership Lab and ROTC class until your blues uniform is issued
- Khaki slacks, any brand, in a tan or light brown color
- Detachment Polo (see attached Pre-Order Form), or hunter green short-sleeve polo-style shirt, any brand, can have a conservative logo, i.e. Polo's "horse" or Izod's "alligator"
- Black or brown leather dress shoes; no canvas or sports shoes; no open-toe/heel shoes
- Black or navy blue socks
- Black or brown belt (to match shoes), with shirt tucked into trousers
- If you cannot procure the above items, consult with Captain Evans

Military Grooming Standards

- Gentlemen:
 - Clean shaven every morning
 - Hair will not touch ears, and will be tapered not to exceed ¼" at start of taper
 - No visible piercings to include tongue
- Ladies
 - All hair pulled up, pony-tail is acceptable in fitness attire
 - Conservative make-up and nail polish colors
 - Only one ear ring per ear: diamond; pearl; or gold/silver spherical shape studs



Preparing for New Cadet Orientation...

Classes

- Register for AERO1101 & AERO1101L (if you plan to enroll in the two or three year program, please email us at det592@uncc.edu to determine if you meet eligibility requirements)

Sports Physical

- Print a copy of the [AFROTC FORM 28](#) and schedule an appointment with your physician or the UNCC Student Health Center. Bring the FORM 28 with you to the appointment and have the physician complete it; **the physician must complete this Form 28, we will not accept the physician's version of a sports physical form.**

Birth Certificate or Naturalization Certificate (Bring **both** of the below, you will keep the original)

- Original (if no original, a certified copy from the Clerk or Recorder of Birth State)
- Photocopy of Original

Social Security Card, signed by applicant, NOT a parent (Bring both of the below)

- Original
- Photocopy of Original

Selective Service Number (Males only)

- Bring a copy of Original or Print-out from "Check a Registration" at www.SSS.gov
- Selective Service Number is: _____

SAT/ACT Scores

- Unofficial Copy of all SAT and/or ACT test scores (unofficial or official)

College Transcripts

- Transcripts of all completed college work credited towards your undergraduate degree (unofficial copies are acceptable, but must show the hours and quality points for each class)

Civil Involvements, *if any*, (information regarding any involvement with civil, school or military authorities since age 13; i.e., traffic citation; detention or suspension; Article 15)

- Event Details (e.g., speeding - 76 in 65, fist fight, minor in possession)
- Date (Month and Year)
- Institution issuing finding (city police vs. state police; name of the city, school, or base)
- Result/Outcome (e.g., paid fine and amount, in-school suspension)
- Copies of Tickets or Court Results are preferred

Certificates or Documentation demonstrating (as applicable):

- | | |
|---|--|
| <input type="checkbox"/> Junior ROTC | <input type="checkbox"/> DD Form 214 (prior military enlistment) |
| <input type="checkbox"/> Civil Air Patrol | <input type="checkbox"/> DD Form 785 (prior service academy or officer accession training program) |
| <input type="checkbox"/> Eagle Scout | |

UNCC (or Cross-town School) Student ID number: _____

Emergency Contact Information

Name: _____ Phone Number: _____

Address: _____ City/State/Zip: _____

Permanent Address

Phone Number: _____

Address: _____ City, State, Zip: _____

College Address (where you physically live) if different than above

Phone Number: _____

Address: _____ City/State/Zip: _____



Detachment Polo Pre-Order

Until you receive your Blues Uniform (typically the beginning of your sophomore year), you will wear a polo and khakis to most LLABs and Aerospace classes. Most cadets wear our detachment polo which resembles the one pictured to the right with our logo on the chest. If you choose not to purchase the detachment polo, you will wear a hunter green polo as outlined under "Preparing for the Training Environment..."

Detachment Polos are \$25 and have a standard fit (e.g. a 5'7" to 5'11" individual between 140-170 pounds can reasonably fit into a Medium).

If you plan to purchase a Detachment Polo, complete the pre-order below and **bring \$25 cash** with you to orientation.



Name: _____

Did you bring cash? Y / N

Planned graduation date: _____

Size (circle one): XS S M L XL

For administrative use only
PAID? Y / N